TERMS AND CONDITIONS



1. Introduction

Welcome to PT Moll's website. By accessing or using this website, you agree to the following terms and conditions. Please read them carefully before engaging with our services. If you do not agree, please refrain from using our site.

2. Services

PT Moll provides fitness coaching and personal training services. All advice and programs are tailored to your needs, but results may vary. Users must disclose any relevant medical conditions before starting a program.

3. User Responsibilities You agree to:

- Provide accurate information during registration or consultation.
- Seek medical advice before starting a fitness program if you have any health concerns.
- Use the website and services responsibly and lawfully.

4. Payments and Cancellations

- Payment for services must be made in advance unless otherwise agreed.
- Cancellations require 24 hours' notice. Failure to notify may result in charges for the missed session.

5. Liability

PT Moll is not liable for injuries, losses, or damages resulting from participation in training programs or improper use of provided information. Users participate at their own risk.

6. Intellectual Property

All content on this site, including text, images, and videos, is the property of PT Moll and may not be used or reproduced without permission.

7. Changes to Terms

PT Moll reserves the right to modify these terms at any time. Changes will be communicated on the website and take effect immediately upon posting.

Last Updated: January 2025